

## **CCAWI Research Seminar Series**

Sponsored by Lincolnshire Partnership NHS Foundation Trust

### **Improving Primary Care Management of SLEEP Problems**

Wednesday 23 July 2008

## **Speaker Profiles**

### **Professor Niroshan Siriwardena, Visiting Professor in Primary Health Care**

Niro is a family doctor and Foundation Professor of Primary Health Care at the University of Lincoln. He was a music scholar at City of London School and went on to a Kirke's Scholarship in clinical medicine at St. Bartholomew's Hospital Medical where qualified as a doctor. After general practitioner training in Lincoln he completed his master's at Nottingham University and a PhD at De Montfort University in 2003. His work is aimed at improving the quality of healthcare through evaluation, research, teaching, clinical practice and leadership. He has published on evidence-based practice, performance assessment and quality improvement in primary and pre-hospital settings.

### **Dr Jane V Dyas, Primary Care Lead**

Jane has worked as primary care lead for the Trent RDSU based in Nottingham University for the past ten years. Within this organisation as a Senior Research Fellow, her role is to work with and support researchers with a wide range of experiences on many different aspects of study design. Her role is one responsive to changes in national directives and she is therefore involved in strategic planning for research with primary care organisations locally and with the PCRN EMSY [Primary Care Research Network East Midlands South Yorkshire]. Activities also include chairing the Nottinghamshire, Derbyshire, Lincolnshire Research Alliance and the RDSU Primary Care Special Interest Group. In the latter capacity she sits on the Regional Management Board.

### **Dr Mohammed Zubair Qureshi, General Practitioner**

Zubair qualified from Nottingham University in 1997 and did his GP Training in Lincoln prior to joining his current practice in 2001. He is a GP in a busy urban practice with 7000 patients and has an interest in diabetes and CHD. He started getting involved in primary care research in 2002 and has had publications on GP attitudes towards hypnotic drugs and Patient Perceptions on Insomnia. He very much enjoys hands on research work and feels that it can make a real improvement to patient care.

### **Miss Tanefa A. Apekey, Research Assistant**

Tanefa is a final year PhD student of the University of Lincoln researching on the effects of diets on weight loss and physiological factors in overweight and obese adults as well as cardiology out patients. After completing her first degree in Nutrition and Food Science, she went on further to undertake her masters in Food Science. She is currently working as a research assistant with the Lincolnshire Primary Care Trust (REST Project).

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<http://www.lincoln.ac.uk/ccawi/Events2008.htm>  
or email: [amustafa@lincoln.ac.uk](mailto:amustafa@lincoln.ac.uk)**